Tilbury

Warmth in Winter

Coping with Grief Through the Holidays

When you're grieving the loss of a loved one, you experience the holidays differently. Please join us as we share tips and answer questions about grieving during the holidays. We are here to offer comfort and connection.

Monday, December 7, 2026
12:00 noon to 1:00 p.m.
Please join us for the presentation and a light lunch!

Tilbury Leisure Centre
10 Canal St. West, Tilbury, ON



WellWithin
CHATHAM-KENT HOSPICE
Community and Supportive Care Services

Please RSVP by December 1, 2026
519-354-3113 ext 2406
supportivecare@chathamkenthospice.com