



Support for Parents Grieving an Adult Child



THURSDAYS

September 10th - November 5th
No Group on October 22nd



10:00 to 11:30 a.m.



Community & Supportive Care Services Office

40 Centre Street, Chatham
Suite 305
*Extra parking located at Vital Air on
the corner of Centre St & Harvey St*

A compassionate space for parents grieving the death of an adult child, this group offers connection, understanding, and comfort in community. Each session provides time for reflection and gentle learning. Participants are welcomed into a safe, inclusive environment where they can speak openly, explore helpful coping strategies, and feel supported by others who understand this unique and lifelong loss.



**Registration and
Intake Assessment Required**



519-354-3113 ext. 2406



supportivecare@chathamkenthospice.com